

The Akkermansia Company™

Healthy Weight with Glucose Control*

Pasteurized *Akkermansia muciniphila*
to support glucose metabolism*



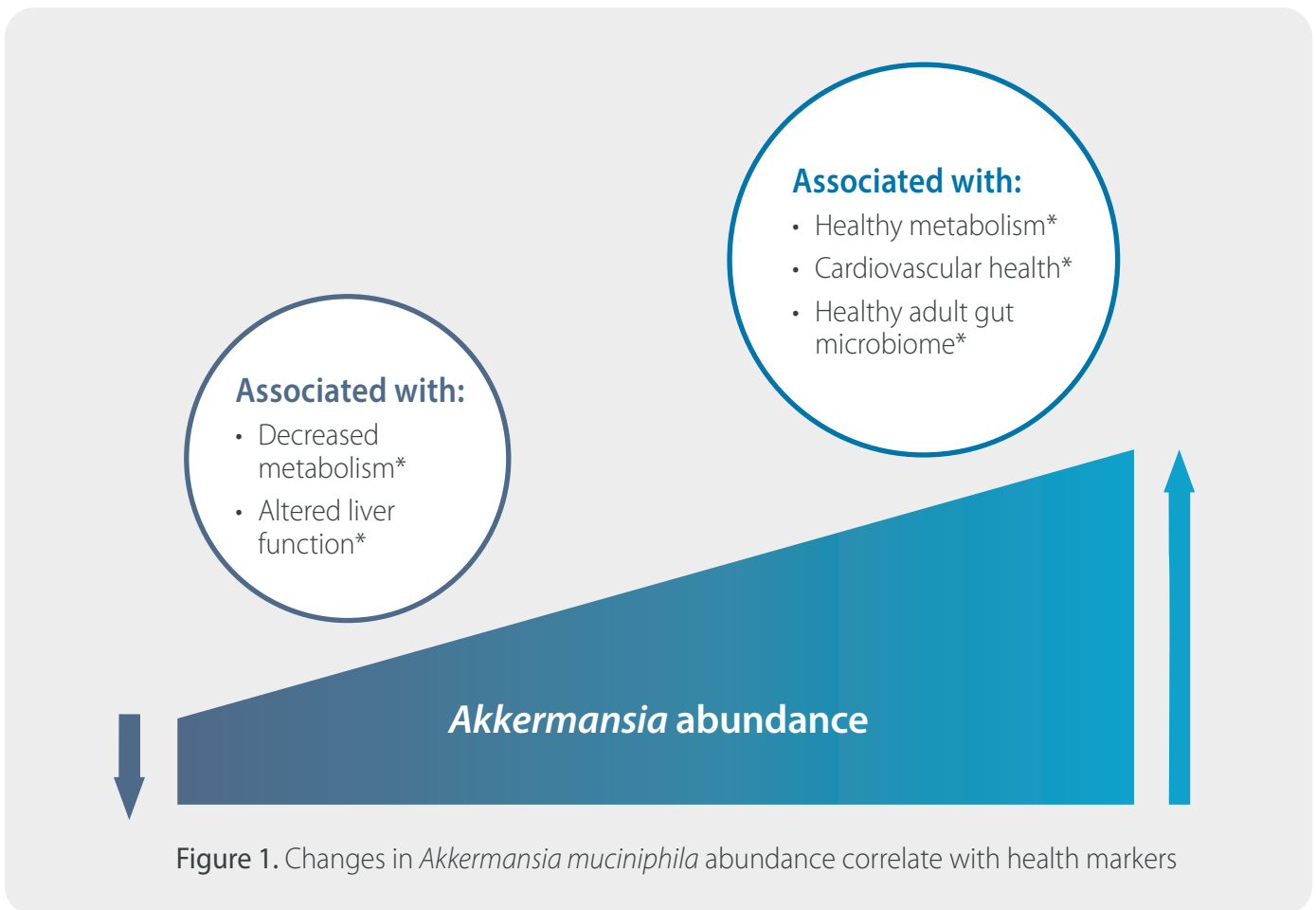
What is *Akkermansia muciniphila*?

Akkermansia muciniphila is a unique bacterium enriched in the mucus layer of the gut.^{1,2}

- ✓ A promising next-generation bacteria¹
- ✓ One of the most abundant species in the gut³

Why *Akkermansia* levels matter

A lower abundance of *Akkermansia muciniphila* has been associated with excess body fat⁴ and altered insulin secretion and glucose metabolism,^{5,6} whereas healthy lean people have a more abundant amount of *Akkermansia* (Figure 1).^{7*}



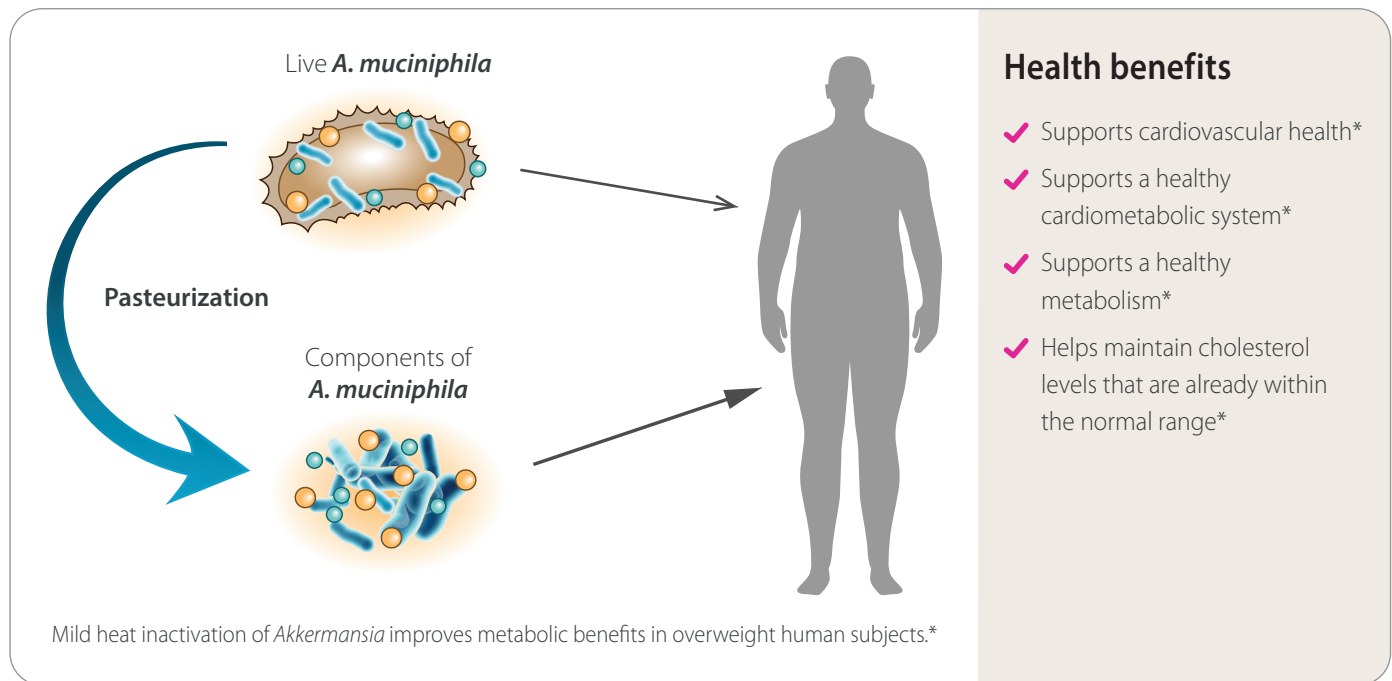
Who can benefit from *Akkermansia muciniphila* supplementation?

Pasteurized *Akkermansia muciniphila* was scientifically tested in a clinical trial. *Akkermansia muciniphila* is found in higher levels in lean healthy people, supports cardiovascular health, and supports a healthy metabolism. Given these observations, it may provide support for healthy weight maintenance and glucose metabolism.*

Advantages of pasteurized *Akkermansia*

In a clinical study, the pasteurized *Akkermansia* (heat-inactivated) form of *Akkermansia muciniphila* was found to be effective at supporting a healthy cardiometabolic system and maintaining cholesterol levels that are already within the normal range.*

After three months, **participants had significantly improved insulin metabolism and lowered body mass.**^{8*}



Why choose our formula?



Features *Akkermansia muciniphila*—a next-generation beneficial bacteria^{1*}



The only pasteurized *Akkermansia* product on the market



Includes chromium, which provides support for healthy glucose metabolism and contributes to the maintenance of normal glucose levels*



EGCG (from green tea extract) supports weight maintenance in concert with a diet and exercise program*



Includes vitamin D₃ which supports immune health^{9*}

Akkermansia is now readily available

Metagenics partnered with renowned scientific innovators professors Willem de Vos, PhD and Patrice Cani, PhD to deliver this promising next-generation bacteria. Pasteurized *Akkermansia muciniphila* in conjunction with chromium, EGCG from green tea, and complementary nutrients offers a novel solution to support weight management and blood glucose control.*

Serving Size: 1 tablet

Servings Per Container: 30

Vitamin D (as cholecalciferol)	5 mcg
Riboflavin (Vitamin B ₂)	0.21 mg
Chromium (as chromium picolinate)	200 mcg
Green tea leaf (<i>Camellia sinensis</i>) Extract	200 mg
Epigallocatechin gallate (EGCG)	100 mg
A proprietary pasteurized <i>Akkermansia muciniphila</i> blend	150 mg (30 billion TFU)

Other Ingredients: Microcrystalline cellulose, maltodextrin, and magnesium stearate.

Directions: Take 1 tablet per day with a meal or as directed by your healthcare practitioner.

Caution: Not for use in children below the age of 18 years. If pregnant, nursing, taking medications, or other nutritional supplements containing green tea extract/EGCG, consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Store in its original packaging at room temperature, in a dry place away from direct sunlight.

How to order:

Contact your Metagenics representative or call:



800.692.9400



Metagenics.com/akkermansia

References

1. Cani PD et al. *Nat Rev Gastroenterol*. 2022;1-13.
2. Macchione LR et al. *Eur Rev Med Pharmacol Sci*. 2019;23:8075-8083.
3. Cani PD et al. *Front Microbiol*. 2017;8:1765.
4. Santacruz A et al. *Brit J Nutr*. 2010;104(1):83-92.
5. Zhang X et al. *Adv Sci*. 2021;8(16):2100536.
6. Zhang X et al. *PLoS One*. 2013;8(8):e71108.
7. Zhou Q et al. *Nutr Metab*. 2020;17(1):90.
8. Depommier C et al. *Nat Med*. 2019;25(7):1096-1103.
9. Mirhosseini N et al. *J Endocr Soc*. 2018;2(7):687-709.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LIT0725METUS 102523 © 2023 Metagenics LLC. All Rights Reserved.



For more information visit [Metagenics.com](https://www.metagenics.com)
or call: **800.692.9400**