



designs for health®

designing a well world™



Science-First™



Knowledge



Innovation



Partnership



Wellness

RECOMMENDED BY
#1
**PRACTITIONER
SUPPLEMENT
BRAND**
FUNCTIONAL
MEDICINE PROFESSIONALS*



*An IPSOS 2023 survey among US functional medicine practitioners, in an average month, Designs for Health is their personally most trusted practitioner supplement brand, meaning a brand that is sold by healthcare practitioners in their office



Discover the Designs for Health® Difference



Created by practitioners — for practitioners.

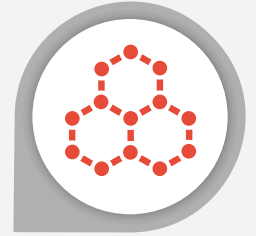
Designs for Health (DFH) creates evidence-based, clinically relevant, synergistic formulations trusted and utilized by health-care practitioners worldwide.

Family-owned and Operated

For over 30 years, Designs for Health® has been at the forefront of the natural and integrative health movement, trusted and utilized by health-care practitioners worldwide.

With 300+ researched-based nutritional products with quality-tested formulas, we continue to pioneer new approaches to nutritional science through a robust innovation pipeline, paired with uncompromising support and commitment to our practitioners' ever-evolving needs.

Science-First™ Formulations



Our Science-First™ philosophy guides the development of our formulas that infuse quality, evidence, and science to provide practitioners with products and resources that meet the needs and demands of their patients.

Quality Assurance



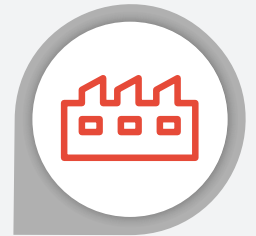
Our raw materials and final formulations undergo third-party testing to ensure accurate identification and potency, and to screen for unwanted contaminants.

Compliance



DFH is GMP-certified by NSF International, demonstrating our products are produced utilizing the highest standards of manufacturing.

In-House Manufacturing



We manufacture the majority of our products in our U.S.-based manufacturing facilities, so we control what goes into our formulas.



Designs for Health (DFH) creates evidence-based, clinically relevant, synergistic formulations trusted and utilized by health-care practitioners worldwide. It is understood that poor dietary and lifestyle habits, nutritional deficiencies, oxidative stress, chronic inflammation, hormonal imbalances, environmental exposures, and mental and emotional distress—filtered through genetic predisposition—are fundamental determinants in the expression of cardiovascular disease. DFH's suite of cardiovascular formulas include products designed to support fundamental aspects of cardiac health—cardiac muscle energy production, healthy lipid profile, blood vessel function, and healthy blood flow and circulation.**















































DFH's cardiovascular formulas provide critical, cardio-supportive nutrients, such as coenzyme Q10, taurine, and beetroot extract, that may be low in certain individuals.** By only working with raw ingredient suppliers who demonstrate purity, potency, and efficacy, our select ingredients must meet or exceed our quality guidelines to support the cardiovascular system and the whole body.**

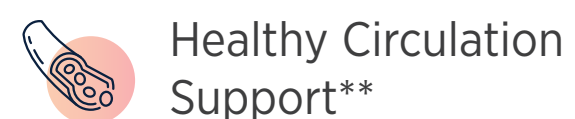
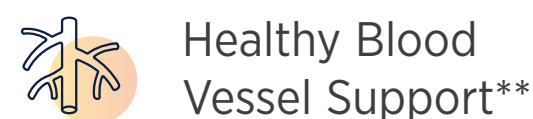
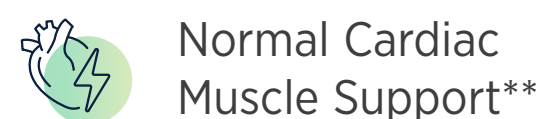
*An IPSOS 2023 survey among US functional medicine practitioners, in an average month, Designs for Health is their most recommended practitioner supplement brand, meaning a brand that is sold by health-care professionals in their office

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



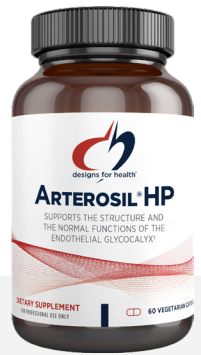






























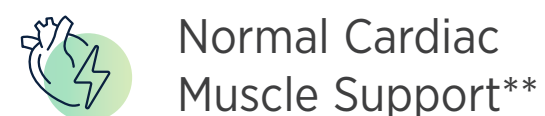


Product	 <p>CSC120</p>	 <p>COQ100/200</p>	 <p>RIB150</p>	 <p>QEN100/200</p>	 <p>RCLB02</p>	 <p>TRMG01</p>	 <p>ANTI150/300</p>	 <p>BRV050</p>	 <p>HYS050/120</p>	 <p>LPT050</p>	 <p>RYO180</p>	 <p>RYR120</p>
Key Ingredients	L-carnitine tartrate Acetyl-L-carnitine	Ubiquinol (DuoQuinol™) Geranylgeraniol (GG)	D-ribose	Ubiquinone	L-carnitine D-ribose	Magnesium orotate Glycerophosphate Magnesium glycinate	DeltaGold® delta- and gamma-tocotrienols	Bergavit® 40 bergamot Vinia® red grape powder	Vitamins B2, B6, B12, and folate	Red yeast rice Tocotrienols Lycopene	Red yeast rice	Red yeast rice CoQ10
Formula Highlights	Combines L-carnitine and its acetylated form in a 4:1 ratio in each capsule.	100 mg and 200 mg reduced CoQ10 options. GG complements the action of ubiquinol by enhancing absorption and supporting endogenous CoQ10 synthesis.**	Features 5 mg of D-ribose per serving in a convenient, unflavored powdered delivery. Ideal when higher servings are recommended.	Offers 100 mg or 200 mg of highly bioavailable ubiquinone coenzyme Q10 (CoQ10) in easy-to-swallow softgels.	Orange-flavored liquid supplement that contains 2 g of L-carnitine, 2 g of D-ribose, and 100 mg of pantothenic acid (vitamin B5) per serving.	Blend of three bioavailable forms of elemental magnesium, including magnesium orotate, which supports heart health.**	Unique tocopherol-free vitamin E formula featuring 150 mg or 300 mg of tocotrienols (delta- and gamma-tocotrienols) sourced from the annatto seed.	Features the trademarked ingredients Bergavit® 40 bergamot and Vinia® red grape powder.	Contains bioactive and methylated B vitamins, plus trimethylglycine to help convert homocysteine into other beneficial compounds.**	Features 1.2 g of organic red yeast rice (<i>Monascus purpureus</i>), 100 mg of vitamin E isomers (as DeltaGold® delta- and gamma-tocotrienols), and 20 mg of lycopene per serving.	Contains 1.2 g of USDA-certified organic red yeast rice (<i>Monascus purpureus</i>) per serving.	Combines 1.2 g of USDA-certified organic red yeast rice (<i>Monascus purpureus</i>), plus 40 mg of CoQ10 per serving.
Function						 	  	 	 	  	 	  
Delivery												
Recommended Use	2 capsules daily	1 softgel per day with a meal	1 scoop in 8 oz water daily	1 softgel per day with a meal	1 teaspoon per day	1 scoop in 8 oz water daily	1 softgel per day	2 capsules per day with meals	2 capsules per day with meals	2 capsules per day in the evening with food, preferably before bed		





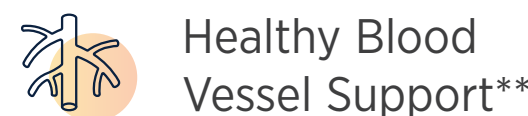
											
Product	Niacin CRT™ 500 mg NE	Foresterol™	Arterosil® HP	HTN Supreme™	Tri-K™	Natto-Serrazime™	Taurine	Vessel Forte™	NOx Synergy™	Vascanox HP®	Nitric Oxide Test Strips
Key Ingredients	Nicotinic acid	Plant sterols/stanols	Rhamnan sulfate from green seaweed extract	Bonito peptide powder Grape seed extract	Vitamins K1 and K2 (as MK-4) + GG	Nattozimes® Serrazimes®	Taurine	Vitamin C Diosmin Botanical extracts	L-arginine L-citrulline Taurine Vitamin C Glutathione	Beet root Black garlic extracts	Salivary test strips to determine nitric oxide status
Formula Highlights	Delivers 500 mg of NE niacin (as nicotinic acid) in a controlled-release technology (CRT) to help prevent flushing.** Delivered over a 6-to-8-hour period.	Features a phytosterol mixture of plant sterols and stanols derived from non-GMO coniferous pine tree oil.	A proprietary blend of rare seaweed and fruit and vegetable extracts. The main bioactive component in Arterosil® HP is the clinically researched rhamnan sulfate (as MonitumRS™).	Each 4-capsule serving provides 1.5 grams of bonito peptide powder (standardized to contain 85% peptides) and 200 mg of grape seed extract (standardized to contain 90% polyphenols).	Tri-K™ is a synergistic blend of vitamins K1 and K2, along with geranylgeraniol (GG), that work together to promote optimal delivery of vitamin K2 (as MK-4) to tissues.**	Blend of two health-promoting proteolytic enzymes, Nattozimes® and Serrazimes®, derived from the fungi <i>Aspergillus oryzae</i> and <i>Aspergillus melleus</i> .	Delivers 1 g of taurine per serving, a sulfur-containing amino acid found mainly in meat and seafood.	Synergistic combination of diosmin, gotu kola extract, horse chestnut extract, grape seed extract, quercetin, and vitamin C.	Features nitric oxide precursors to support endogenous nitric oxide production and athletic performance.** Delivered in a delicious grape-flavor powder, sweetened with stevia leaf extract.	Blend of beet root, black garlic extracts, and nutrients to promote the exogenous, enterosalivary pathway of nitric oxide production and healthy blood pressure.**	Test first thing in the morning before taking Vascanox HP®, then re-test after supplementation.
Function											
Delivery											
Recommended Use	1 tablet per day with a meal	1 softgel three times per day with meals	2 capsules daily	4 capsules per day in divided doses	1 softgel twice per day with a meal Do not take if on blood-thinning medications	1 capsule per day	1 capsule per day	4 capsules per day	Mix 1 scoop in 8 oz of water per day	1 to 2 capsules in the morning along with the test strips to measure nitric oxide status	



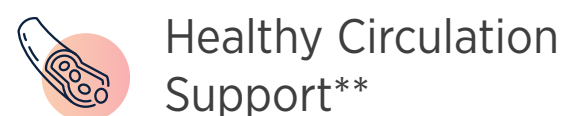
Normal Cardiac Muscle Support**



Healthy Lipid Support**



Healthy Blood Vessel Support**



Healthy Circulation Support**



Revolutionize Cardiovascular Wellness with Designs for Health®

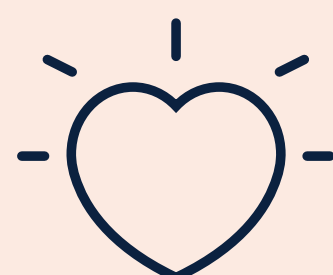
DFH's suite of cardiovascular formulas include products designed to support fundamental aspects of cardiac health—cardiac muscle energy production, healthy lipid profile, blood vessel function, and healthy blood flow and circulation.**

Find our comprehensive clinical protocols below, detailing lifestyle and nutrition recommendations, along with supplement regimens to support cardiovascular health.*



Hypertension Support

SCAN HERE!



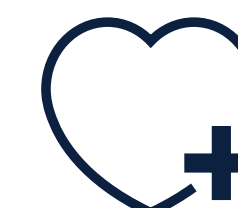
Coronary Artery Disease/Atherosclerosis

*Clinical Protocol to Support Overall Cardiovascular and Circulatory Function**



Post-Stroke

*Clinical Protocol to Promote Cerebrovascular Health***



Statin-Induced Myopathy

*Clinical Protocol to Support Statin-Associated Muscle Symptoms***



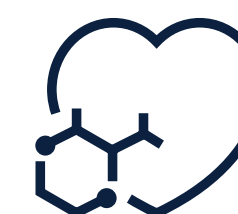
Hypertension

*Clinical Protocol to Support Healthy Blood Pressure Levels***



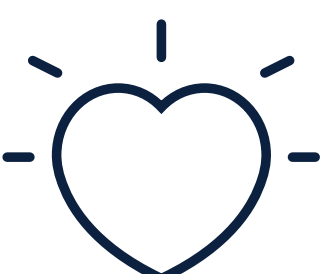
Hyperhomocysteinemia

*Clinical Protocol to Support Healthy Homocysteine Levels***



Hypercholesterolemia

*Clinical Protocol to Support Healthy Cholesterol and Lipid Metabolism**



Metabolic Syndrome Support

*Clinical Protocol to Support Metabolic Syndrome**



Congestive Heart Failure

*Clinical Protocol to Support Healthy Cardiac Muscle Function***



Erectile Dysfunction

*Clinical Protocol to Support Healthy Lipid Profiles***



Take charge of your practice and
improve patient outcomes with
unmatched quality and expertise.

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