

UBIQUINOL QH 100 MG



The active form of Co Q10

Pure, cold-pressed olive oil base for improved absorption

Increased energy and heart strength

Coenzyme Q10 (Co Q10) is essential to the production of energy in every cell in the body. This powerful antioxidant boosts energy, promotes optimum heart health, strengthens the arteries, combats gum disease, and slows the development of age-related diseases. It is very difficult to obtain meaningful amounts of Co Q10 from our diet because it is destroyed by cooking and processing. The body manufactures a significant amount of Co Q10 when we are young, however this production declines with age, due to various diseases, and as a side effect of certain drugs.

There are two forms of natural Co Q10: ubiquinone and ubiquinol. In the body, Co Q10 exists in both forms, ubiquinol being considered the active form. For decades ubiquinone has been the only form used in research and available in supplements because of the instability of ubiquinol. Thanks to the progress that has been made in manufacturing methods, ubiquinol is now available in supplements.

Product Highlights

- Co Q10 is a fat-soluble antioxidant and taking it with food containing fat greatly improves its absorption
- Ubiquinol in a base of pure, cold-pressed olive oil
- Ubiquinol is being studied to confirm its superior bioavailability to ubiquinone which may allow patients to achieve the same therapeutic benefits with a lower amount
- Co Q10 is a powerful antioxidant that supports energy production, muscle and heart strength
- It has blood pressure-lowering effect and has been proven effective as part of the treatment for those with heart failure
- Research shows Co Q10 may help slow the deterioration in patients with Parkinson's disease
- Reduces the fatigue and muscle pain, side effects associated with certain cholesterol-lowering drugs
- Supplementation with Co Q10 has been shown to improve and reduce migraine frequency and disability

EACH 100 MG SOFT GELATIN CAPSULE CONTAINS:

Medicinal ingredient:

Ubiquinol 100 mg
KanekaQH™ reduced Co Q10

Non-medicinal ingredients: olive oil, ascorbyl palmitate, lecithin. **Capsule shell:** glycerin (vegetable), gelatin (bovine), titanium dioxide, caramel colour, purified water.

Contains no dairy, wheat, or gluten.

Adult dosage: Take 1 capsule, 1-2 times per day or as directed by a health care practitioner.

Available in: 60 SOFT GELS



NON-GMO



GLUTEN FREE