

Co Q10



Natural source Co Q10

Increased energy and heart strength

Age-defying antioxidant power

Coenzyme Q10 (Co Q10) is essential to the production of energy in every cell in the body. This powerful antioxidant boosts energy, promotes optimum heart health, strengthens the arteries, combats gum disease, and slows the development of age-related diseases. It is very difficult to obtain enough Co Q10 from our diet because it is destroyed by heat (cooking food), and although the body manufactures a significant amount of Co Q10 when we are young, this production declines with age. Many people of middle age and older have Co Q10 deficiency and low levels of Co Q10 are associated with an increased risk for a number of age-related diseases. Co Q10 is found in some foods including beef, peanuts, and sardines but a daily Co Q10 supplement is a wise precautionary measure, particularly for those with a family history of conditions including heart disease, diabetes, high cholesterol, or high blood pressure.

Product Highlights

- A powerful antioxidant that supports energy production, muscle and heart strength
- Helps improve the heart's ability to cope with oxidative stress and diminish shortness of breath
- Important to cell growth and to protect cells from damage that could lead to cancer
- Naturally sourced through fermentation
- All-trans configuration, bioidentical to the CoQ10 that is naturally occurring in the body
- Co Q10 is naturally fat soluble and dry supplements (in vegetarian capsules) should be taken with food containing some fat to maximize absorption

Co Q10

EACH VEGETARIAN CAPSULE CONTAINS:

Medicinal ingredient:

Coenzyme Q10 (ubiquinone) 60 mg or 100 mg

Non-medicinal ingredients: microcrystalline cellulose, magnesium stearate (vegetable), silicon dioxide.

Capsule shell: hypromellose.

Contains no dairy, wheat, gluten, or soy.

Adult dosage: Dosage dependent on potency. Please consult label.

Available in: 100 VEG CAPS



NON-GMO



VEGAN



GLUTEN FREE

CO Q10 60 MG SOFT GELS

EACH SOFT GELATIN CAPSULE CONTAINS:

Medicinal ingredient:

Coenzyme Q10 (ubiquinone) 60 mg

Non-medicinal ingredients: rice bran oil, lecithin, yellow beeswax. **Capsule shell:** glycerin (vegetable), purified water, gelatin, titanium dioxide.

Contains no dairy, wheat, or gluten.

Adult dosage: Take one capsule 2-3 times daily or as directed by a health care practitioner.

Available in: 120 soft gels



NON-GMO



GLUTEN FREE

CO Q10 100 MG SOFT GELS

EACH SOFT GELATIN CAPSULE CONTAINS:

Medicinal ingredient:

Coenzyme Q10 (ubiquinone) 100 mg

Non-medicinal ingredients: rice bran oil, lecithin, silica.

Capsule shell: glycerin (vegetable), purified water, gelatin.

Contains no dairy, wheat, or gluten.

Adult dosage (As an antioxidant and for support of cardiovascular health): Take 1 capsule 1-2 times daily or as directed by a health care practitioner.

Helps to reduce the frequency of migraine headaches and associated nausea and vomiting when taken as a prophylactic (preventive).

Adult dosage (Migraine prophylaxis [prevention]): Take 1 capsule 2-3 times daily. Use for a minimum of 3 months to see beneficial effects.

Available in: 60, 120 soft gels



NON-GMO



GLUTEN FREE