

CAL MAG CITRATES



Highest-potency calcium plus magnesium

Great- tasting, smooth, sugar-free liquid

Variety of natural flavours

Calcium is the most abundant mineral in the human body and it is an essential factor in maintaining strong bones and teeth. Daily stress and pollution deplete our calcium levels and most diets do not provide us with adequate calcium. This may be part of the reason that in Canada, one in three women as well as one in five men over the age of 50 develop osteoporosis, leading to fractures, decreased independence, and often permanent disability.

SISU Cal Mag Citrates delivers a high dose of those essential minerals and the recommended daily dose of vitamin D to support bone density and prevent bone loss in adults, and help growing children reach their peak bone mass.

Product Highlights

- Extra strength formula of calcium citrate, magnesium citrate and vitamin D3
- Calcium in the citrate form is better absorbed in post-menopausal women
- Magnesium improves vitamin D activity and decreases the risk of osteoporosis
- Vitamin D is essential to calcium absorption and helps support bone density and reduce fractures
- Two tablespoons provide a full 1,000 IU of vitamin D
- Can be taken before bed to help promote relaxation and sleep
- Delicious, smooth liquid that can be taken by the spoonful or added to a blender drink
- Naturally sweetened with vegetable glycerin, no sugar added
- Suitable for both adults and children

EACH TABLESPOON (15ML) CONTAINS:

Medicinal ingredients:

Calcium (calcium citrate)	500 mg
Magnesium (magnesium citrate)	200 mg
Vitamin D (vitamin D3)	12.5 mcg
equivalent to 500 IU of vitamin D (cholecalciferol) activity	

Non-medicinal ingredients:

All flavours: purified water, glycerin (vegetable), xanthan gum, potassium sorbate, sodium propionate, calcium propionate, vitamin E, rosemary extract.

Natural creamy strawberry flavour: natural strawberry flavour.

Natural creamy vanilla flavour: natural vanilla flavour.

Natural orange swirl flavour: natural orange flavour, citric acid.

Natural blueberry parfait flavour: natural blueberry flavour.

Contains no dairy, wheat, or gluten.

Adult dosage: Take 1 – 2 tablespoons daily or as directed by a health care practitioner. **Children's dosage (4 – 8 years):** Take one half (1/2) tablespoon daily; **(9 – 18 years):** Take 1 tablespoon daily; or as directed by a health care practitioner.

Available in: 450 ML



NON-GMO



GLUTEN FREE