

Eskaloft™

**St. John's Wort
Methylated B Vitamins
Lithium Orotate**



INNOVATIVE INGREDIENTS. CLINICAL FORMULATIONS.

Many factors impact mood, including lifestyle choices. While it is important to address diet, sleep, occasional stress and social support, targeted supplementation can also have a beneficial effect.

One key component to effective mood support is to address neurotransmitters. St. John's Wort is well known for its mood benefits. The herb may help your body inhibit reuptake of serotonin, dopamine and norepinephrine thereby prolonging their activity. Vitamins B6, B12 and folate play key roles in balancing activity of key neurotransmitters like GABA, serotonin, dopamine and catecholamines. 5-HTP and L-tyrosine play an essential role related to mood by supporting healthy serotonin and catecholamine production.*

Lithium orotate may help support neurological intercellular signaling pathways including those involved in circadian rhythms, while rhodiola extract may help support mental and physical energy, balanced mood, and healthy response to occasional stress.*

FEATURES

- Neurotransmitters and pathway intermediates including GABA, 5-HTP and L-Theanine
- Standardized botanical extracts featuring hypericin, salidroside and rosavins
- Vitamin B6, folate and vitamin B12 in biologically active forms
- Lithium orotate, a naturally occurring trace mineral
- Gluten-free formula

ESKALOPT CAN HELP SUPPORT:

- Balanced mood & neurotransmitter activity*
- Positive outlook and sense of calm*
- Healthy stress response*
- Proper circadian rhythms*

Directions: Use only as directed. Take 2 capsules daily or as directed by your healthcare practitioner. Keep tightly capped and store in a cool, dry place.

2 capsules contain:

Vitamin B-6	25 mg
(from pyridoxal-5'-phosphate monohydrate)	
Folic Acid (from (6S)-5-methyltetrahydrofolate, ... glucosamine salt)	680 mcg
Vitamin B-12 (from methylcobalamin).....	2,000 mcg
N-Acetyl-L-Tyrosine	200 mg
DMAE (from dimethylaminoethanol bitartrate).....	200 mg
GABA (gamma-aminobutyric acid).....	100 mg
St. John's Wort (<i>Hypericum perforatum</i>)	150 mg
(aerial extract) (0.3% hypericin)	
Rhodiola (<i>Rhodiola rosea</i>) (root extract).....	100 mg
(3% rosavins, 1% salidroside)	
5-HTP (from <i>Griffonia simplicifolia</i> (seed extract)).....	50 mg
L-theanine.....	50 mg
Lithium (from lithium orotate).....	5 mg

Other ingredients: Gelatin capsule, ascorbyl palmitate, rice bran extract, cellulose.

Product #: 10282

Size: 60 ct

SRP: \$46.49