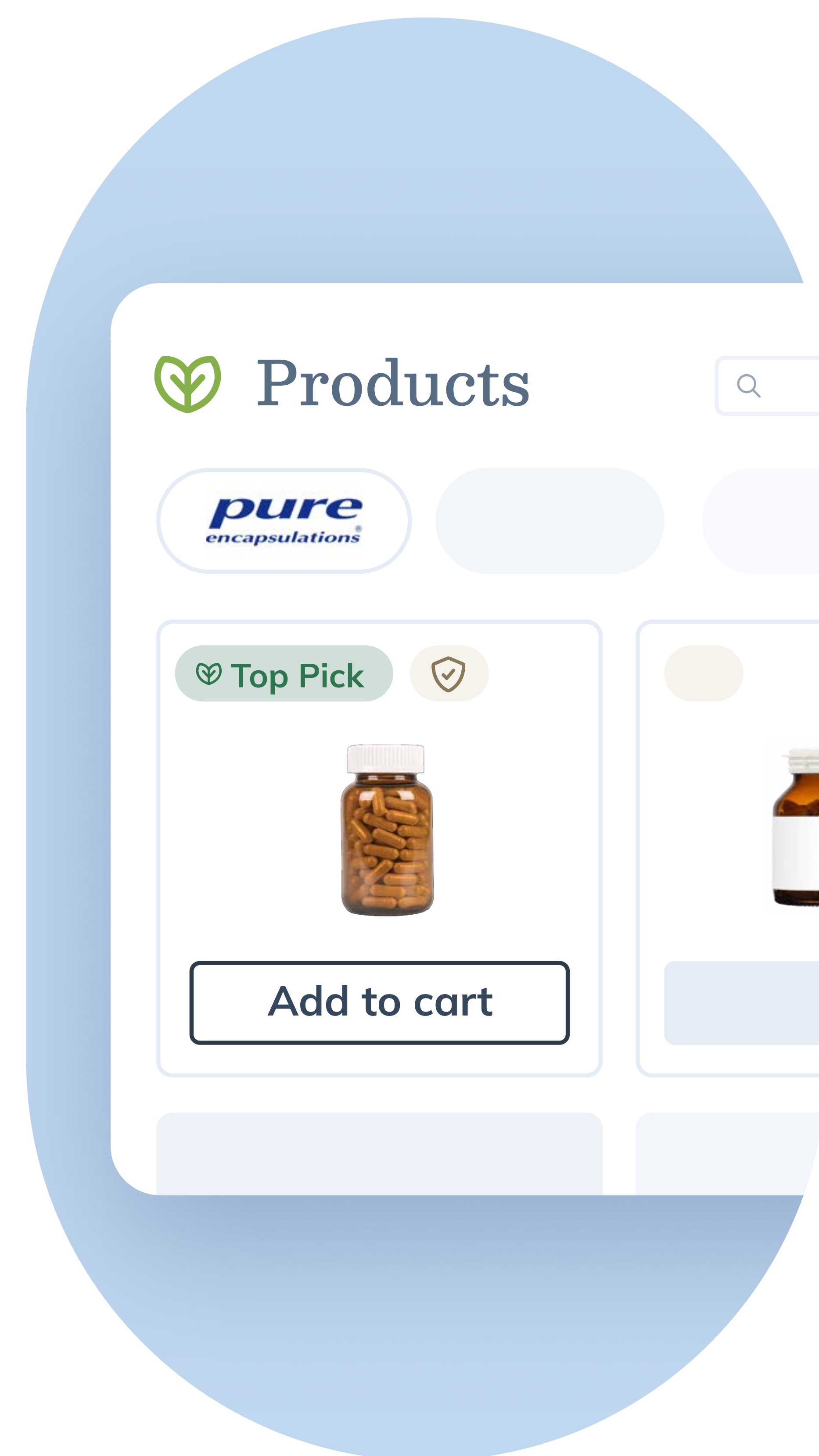


Your supplement ordering is getting an upgrade

Same guidance. Easier ordering.
A better experience.

I'm switching from Pure Patient Direct to Fullscript — a secure platform that will make it easier for you to see my recommendations, order products, and stay on track with your plan. After September 30, you won't be able to place orders through Pure Patient Direct, so I'll send you an invite to continue ordering through Fullscript.



Why you'll like Fullscript



A mobile app built for everyday use

You can track the supplements and medications you're taking from your phone, quickly reorder products when you're running low, and set up dose and refill reminders on the go.



Auto-refills help you stay consistent

For products you take regularly, you can set up auto-refills so you don't have to remember to reorder every time.



You can connect everyday health data

Fullscript can connect with wearable tools like Oura Ring and Apple Health, giving us more context to support conversations about your wellness over time.

How easy is the switch?

1. Get your invite

You will receive an email from Fullscript, sent by me.

2. Create your account

Click the link and set up your Fullscript login.

3. Order when ready

View your recommendations and ship products to your door.

Your first order
ships free

No minimum.



A healthier reason to check your phone

The Fullscript mobile app is trusted by over a million patients across North America to manage their health and wellness. With the app, you can see my recommendations, reorder products, track what you're taking, and manage reminders — anywhere, any time.



View your recommendations

Open the app to see the products I've recommended and review your supplement plan anytime.



Supplement reminder

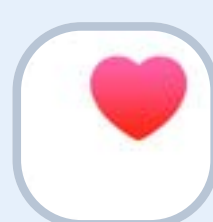
Now

It's time to take your 9:00 AM supplements!

Track supplements and medications

Keep a clearer record of what you're taking day to day, including supplements and medications.

Biometrics



Sleep score

80



Connect everyday health data

If you use Apple Health or Oura Ring, you can choose to connect your data and bring more context into our conversations.



Set reminders that fit your routine

Use dose and refill reminders to help you stay consistent and avoid running out.



Auto-refill schedule



1 unit(s)

Every 6 weeks

Next order ships August 26th

Schedule